

# Life in the Rainforest

## Care Guide

### Praying Mantis

Housing.	Praying Mantis must be housed individually. Container should be tall to allow for moulting and have sticks or bark inside for climbing. Container must be sprayed 2-3 times a week.
Feeding	Praying Mantis will take only live food. Crickets, flies, and moths are ideal also cockroach's mealworms and maggots are readily taken. If the food is not taken after a few hours, remove it as your mantis may be about to moult. Once your mantis has its wings it is mature and will no longer moult.
Temp	Keep at 70 and above, humidity should be high.
Nymphs	Nymphs feed on fruit flies and hatchling crickets. Make sure when spraying you use a fine mist. Nymphs can get stuck inside large water droplets and drown.
Lifespan	Praying Mantis live from 1-2 years.